



LEADOUT ideas

A resource to help you gather ideas and information

...A favorite quote by President Russell M. Nelson -

"Because I know that good inspiration is based upon good information..."

April 2018 General Conference...

Part of our mission at Leading Saints is to help you in your search for effective leadership ideas and information.

The importance of **doing our part**, of searching for and gathering good information {from a variety of sources}, should not be overlooked. All ideas should then be pondered. Searching and pondering can open the door for **the Spirit to LEAD OUT**, for it is your Heavenly Father who knows best how to answer your leadership questions, for the individuals that *you preside over*.

An Acronym for G.O.O.D Can Remind Us of What Our Part Is

- G** Gather information. Pray to be guided to inspired ideas. Be immersed in the Scriptures.
- O** Others should be sought out. Past leaders make for good mentors.
- O** Opinions from disciplined members plus your own inspiration should be considered, pondered and studied.
- D** Decide which ideas best fit your situation or answer your leadership questions, and bring this before the Lord for confirmation.

Remember that as you search, ponder, and pray, the doors of inspiration will be opened for you.

LEADINGSAINTS
BE A LEADER • NOT A CALLING

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INCREASE YOUR

JOY SURVEY

HOW TO TAKE THE SURVEY: Rate each category on a scale from 1 to 10, based off of the importance of wanting or needing help with that topic. 10 being - I want or need to learn MORE, ASAP!} Keep the survey anonymous, no names please.

STRESS and ANXIETY

{Recognizing what I can control and what I can't control, letting go of pain, living in the present, not comparing.}

1 2 3 4 5 6 7 8 9 10

INTERACTING with OTHERS

{Starting a conversation/talking with the opposite sex, getting them to connect, drawing relationship boundaries.}

1 2 3 4 5 6 7 8 9 10

PMS / HELP for HORMONES

{Recognizing if I have PMS...getting help for mood swings, carbo cravings and weight gain, cramps etc...}

1 2 3 4 5 6 7 8 9 10

ENHANCING YOURSELF

{Taking care of my outer temple. . . beauty, makeup, fashion tips. These things do matter!}

1 2 3 4 5 6 7 8 9 10

HEALTH and NUTRITION

{Feeling more physically fit and healthy.}

1 2 3 4 5 6 7 8 9 10

PORNOGRAPHY

{Recognizing what soft porn is, am I reading it or watching it? Strengthening myself against it.}

1 2 3 4 5 6 7 8 9 10

FINANCES

{Learning how to budget better, dealing with financial obligations.}

1 2 3 4 5 6 7 8 9 10

DEPRESSION

{Recognizing if I suffer from it and what do I do about it?}

1 2 3 4 5 6 7 8 9 10

FINDING MY GIFTS and TALENTS and HOW TO USE THEM

{Discovering what I was put on this earth to do?}

1 2 3 4 5 6 7 8 9 10

HOW TO LIVE in the WORLD of SOCIAL MEDIA

{Not comparing my worse self to someone's best self.}

1 2 3 4 5 6 7 8 9 10

AM I A PORCUPINE AND DON'T EVEN KNOW IT

{Recognizing if I rub other people wrong - including my roommates, seeing the impact I have on others.}


1 2 3 4 5 6 7 8 9 10

Men {Women} are
that they might have joy.

2nd Nephi 2:25

If you would like to receive private, individual help with an topic listed on this survey, please contact

name _____ phone _____



“LEAD OUT” GUIDES

For you , and those who lead with you.



GUIDANCE

Good inspiration is based upon good information!

**AN ACRONYM FOR G.O.O.D. CAN REMIND US HOW TO
BE GUIDED BY GOD MORE OFTEN**

G

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O

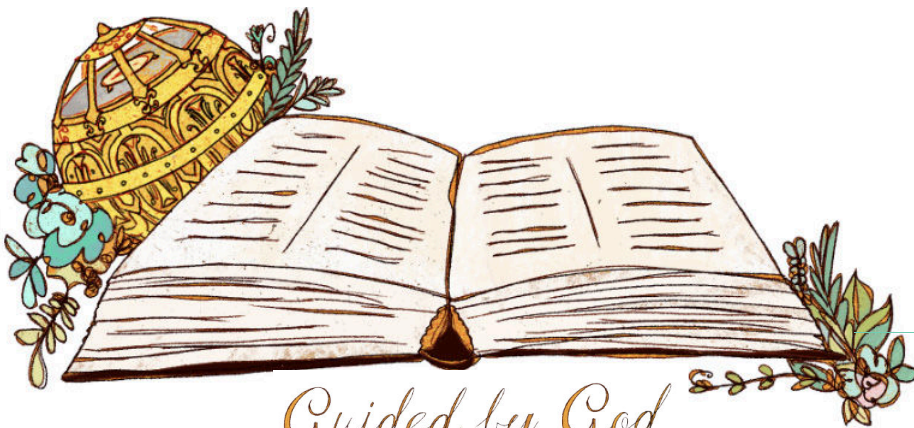
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Guided by God

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that GOOD
inspiration

comes from _____

GOOD
information...

President Russell M. Nelson